

COACH



TA FORME!



UGSEL

ACTION



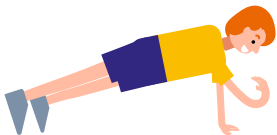
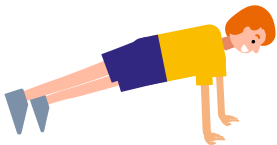
FLAMANT ROSE

ACTION



COUDE-GENOUX

ACTION



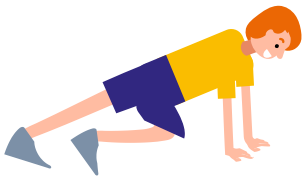
**PLANCHE TOUCHER
ÉPAULE**

ACTION



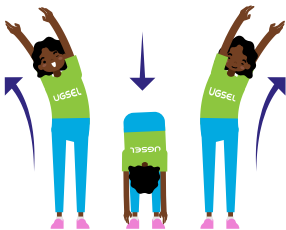
CLOCHE PIED

ACTION



MOUNTAIN CLIMBER

ACTION



**DRAPEAU DANS
LE VENT**

ACTION



JUMPING JACK

ACTION



COURIR SUR PLACE

ACTION



**DESSINE UN «8»
EN ÉQUILIBRE**

ACTION



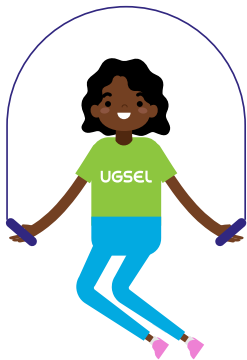
**TOUCHER LE SOL
SUR UN PIED**

ACTION



SQUATS SAUTÉS

ACTION



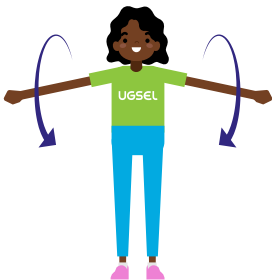
CORDE À SAUTER

ACTION



BOXE

ACTION



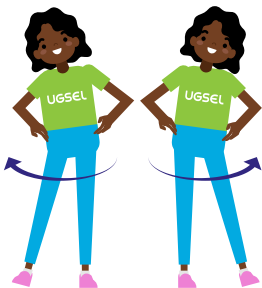
CERCLE EN FOLIE

ACTION



FENTE

ACTION



HOOLA HOOP